

INSTITUTED 1919

KILBARCHAN
AMATEUR
ATHLETIC CLUB

1946-47
SEASON 1945-46

Member

R Smith

Address

CONSTITUTION.

1. The Club shall be called "The Kilbarchan Amateur Athletic Club."
2. The object of the Club shall be the promotion of Amateur Athletics generally, and the membership shall be strictly confined to amateurs.
3. The Annual General Meeting shall be held in September. The Secretary shall advise all members by postcard of date, at least three days previous to the meeting. The Secretary's and Treasurer's Reports shall be submitted, and the Office-Bearers, Committee, and Auditors for the ensuing season elected. Fifteen members to form a quorum.
4. That the Management of the Club be vested in a Committee of Members, which shall consist of President, Vice-President, Secretary, Treasurer, Captains, and Committee of six elected at the Annual General Meeting (six to form a quorum).
5. Should more than one member be nominated for each respective office, the appointment shall be balloted for.
6. The Committee shall have power to fill up any vacancy which may occur in the Executive during their term of office.
7. Special General Meetings may be held when thought necessary by the Committee, or on a requisition signed by ten members being presented to the Secretary, who shall call the meeting within fourteen days of receiving intimation by post card, stating for what purpose the meeting is convened. Fifteen members to form a quorum at Special Meetings.
8. The Business transacted at General and Committee Meetings shall be minuted by the Secretary.
9. Any member wishing to resign from the Club must give written notice to the Secretary previous to the Annual General Meeting, or be held liable for another year's subscription.

10. Any member violating the Rules or doing anything prejudicial to the interests of the Club may be expelled from the Club, by the votes of two-thirds of the full Committee.

11. Any member can appeal against the decision of the Committee to a General Meeting of the Club.

12. The Annual Subscription shall be 3/6; Juniors under 18 years and over 15 years, 2/6, and must be paid before 31st October of each year. New members' subscriptions must be paid one month after election.

13. Attendance prizes will be awarded to all members with full attendance during cross country season. Members must run two miles with a pack before receiving attendance mark, unless Juniors who shall be exempt from running in races.

Cross-Country Regulations.

1. That cross-country runs be held on Saturdays, or on such days as the Committee may fix from the beginning of October till the end of March.
2. That the Club when out for a run shall be under the management of the Captain, Vice-Captain, or Senior Member of Committee, who will appoint hares, pacemaker and whips. The pacemaker will stop immediately on hearing a whistle from the whip, and not resume running until given a signal from whip.
3. No Member of the Club shall take part in any of the Club's runs except they be in the uniform of the Club, unless with the Captain's express permission.
4. All runs will take place wet or dry.